Mission and Vision

MISSION:

AbilityFirst provides programs and services to help children and adults with physical and developmental disabilities realize their full potential throughout their lives.

VISION:

At AbilityFirst, our vision is of a society that values each individual and provides the opportunity for all people to lead full and productive lives.

AbilityFirst will ensure access to our programs by focusing on the needs of individuals who face barriers to service. In particular, we will assess the barriers to access for those who are low income, come from diverse cultures, and speak languages other than English and seek to provide solutions to address those barriers.



ADMINISTRATION

789 North Fair Oaks Ave. Pasadena, CA 91103 Tel: 626,396,1010 info@abilityfirst.org

COMMUNITY PROGRAMS

CLAREMONT CENTER

480 S. Indian Hill Claremont, CA 91711 Tel: 909.62 I.4727 afclaremont@abilityfirst.org On-site Services: After School Program Facility License # 191501798

EAST LOS ANGELES CENTER

154 N. Gage Ave. Los Angeles, CA 90063 Tel: 323.268.8178 afeastla@abilityfirst.org On-site Services: ExploreAbility Facility License # 191871195

JOAN & HARRY A. MIER CENTER

8090 Crenshaw Blvd. Inglewood, CA 90305 Tel: 323.753.3101 afinglewood@abilityfirst.org On-site Services: Adult Day Program Afterschool program, Aquatics, ExploreAbility, Aquatics, Facility License # 191601509, 197400546

LAWRENCE L. FRANK CENTER

201 S, Kinneloa Ave, Pasadena, CA 91107 Tel: 626,449,566 I afpasadena@abilityfirst.org On-site Services: After School Program, College to Career, ExploreAbility Facility License # 191223376

LONG BEACH CENTER

3770 E. Willow St. Long Beach, CA 90815 Tel: 562.426.6 6 6 aflongbeach@abilityfirst.org On-site Services: Adult Day Program, After School Program, Aquatics Facility License # 191600097, 191600444

CAMP PAIVIKA

Mailing Address: PO Box 3367 Crestline, CA 92325

Camp Address: 600 Playground Dr., Crestline, CA 92322 Tel: 909,338,1102 camppaivika@abilityfirst.org

On-site Services: Overnight Summer Camp, Overnight Winter/Spring Camp Experiences, Mom's Retreat, Facility

COMMUNITY INTEGRATED **EMPLOYMENT AND DAY PROGRAMS**





Looking Beyond Disabilities Focusing On Capabilities Expanding Possibilities

PROGRAMS



www.abilityfirst.org

3770 East Willow Street

EMPLOYMENT SERVICES

Long Beach, CA 908 15 Tel: 626.612.6963 employmentservices@abilityfirst.org

789 North Fair Oaks Ave. Pasadena, CA 91103 Tel: 562,343,304 I employmentservices@abilityfirst.org

POSSABILITY PASADENA

789 N. Fair Oaks Ave Pasadena, CA 91103 Tel 626.449.5662 employmentservices@abilityfirst.org

POSSABILITY LOS ANGELES

375 I S. Hill Street, Suite 217 Los Ángeles, CA 90007 Tel: 2 | 3,748,7309 employmentservices@abilityfirst.org

MANUFACTURING

789 North Fair Oaks Ave. Pasadena, CA 91103 Tel: 626.316.7912



Our person-centered programs are grounded in individual choice, autonomy, and community participation. They empower individuals with autism, cerebral palsy, Down syndrome, and other intellectual/developmental disabilities to discover what is important to them in their lives, and to develop the skills that are important for them to achieve

ABILITYFIRST AFTER SCHOOL AND SUMMER PROGRAMS

AbilityFirst after school and summer programs provide a nurturing environment for school-age youth who have developmental disabilities. Our well-trained and caring staff provides opportunities for new experiences that encourage socialization, exploration, and choice. Participants enjoy an enriching program that also provides needed personal care (including feeding, changing, transferring, etc.) while supporting personal growth and discovery.

Locations: Claremont, Long Beach,

and Pasadena

their goals.

COLLEGE TO CAREER PROGRAM

AbilityFirst College to Career fosters independence and self-advocacy through a supported academic or career-focused education program for students enrolled

in college. It incorporates a self-discovery and community

exploration component to identify and develop

a plan to achieve their academic and career goals. Students receive individualized educational and life skills support.

Location: Throughout Los Angeles County

SUPPORTED EMPLOYMENT, PROJECT SEARCH AND DISCOVERABILITY

Supported Employment provides the support adults need to find and retain jobs, including internships and work-site experiences in competitive job markets, in their communities.

Location: Throughout Los Angeles County

The DiscoverAbility program offers focus and direction for an individual's job search. Opportunities for exploration and self-discovery may include: job shadowing, interest assessment, and internship opportunities, leading to expanded community engagement and informed choice. DiscoverAbility is a time-limited program.

Location: Throughout Los Angeles County

The cornerstone of Project SEARCH is a total workplace immersion. Participants are on-site at the business location each day. Through this program, young adults develop the tools necessary for the workforce and learned about work place safety and develop self advocacy.

Location: Throughout Los Angeles County

ADULT DAY AND COMMUNITY INTEGRATION PROGRAMS

POSSABILITY

PossAbility is a community integration program that supports adults reach to their goals related to independence, personal interests, socialization, and/or employment. Each individual's needs and interests are supported to help enhance their independence while exploring their local communities to build both vocational and social relationships.

Location: Throughout Los Angeles County

EXPLOREABILITY

The goals of the ExploreAbility program are to help adults explore and identify what is important to them, to develop the skills necessary to achieve their goals, and to be involved in their communities through volunteering and community activities. Individual support and small-group activities promote interaction and learning.

Locations: East Los Angeles, Inglewood, Long Beach, and Pasadena

MANUFACTURING

AbilityFirst Manufacturing is a social enterprise program that provides opportunities for employment and job development by offering assembly needs for purchase by federal agencies.

Location: Pasadena

CAMP PAIVIKA

One of the first fully-accessible camps in the United States, Camp Paivika offers overnight summer programs for children and adults with disabilities. These programs provide a



traditional camp experience with nurturing support and an emphasis on fun. Camp Paivika, located in the beautiful San

Bernardino National Forest, also offers event and retreat rentals January

through May.

Serving: Serving Southern California

COMMUNITY AQUATICS

Open to the community, the aquatics program offers warm water exercise classes, ideal for promoting joint flexibility, range of motion, muscle tone; group and private swim lessons, as well as open swim times for the entire community.

Locations: Inglewood and Long Beach

SOCIAL RECREATION PROGRAMS

Social Recreation programs encompass a variety of interests while offering a fun atmosphere for children and adults. Activities include typical weekend activities such as parties and dances, going out to dinner and a show, gardening, swimming, and preparing to participate in the AbilityFirst Stroll & Roll.

Locations: Claremont, Inglewood, Long Beach and Pasadena



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