



**AbilityFirst Claremont Center
Aquatic Schedule**

Days/Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:45am-9:45am	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise
9:45am-10:45am	Arthritis Exercise	Arthritis Exercise Plus	Arthritis Exercise	Arthritis Exercise Plus	Arthritis Exercise
11:00am-12:00pm	Arthritis Exercise Plus		Arthritis Exercise Plus		Arthritis Exercise Plus
1:30pm-2:30pm	Water Exercise		Water Exercise		

***NOTE: THIS SCHEDULE IS TENTATIVE AND IS SUBJECT TO CHANGE**

Aquatic Class Fees:

\$5.00 for an hour class

\$35.00 for a monthly pass* good for 8 classes

\$50.00 for a monthly pass* good for 12 classes

\$70.00 for a monthly pass* good for unlimited passes

Contact Information

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