

**Contact:**

## East Los Angeles Center

AbilityFirst East Los Angeles Center offers programs for children and adults with physical disabilities and developmental disabilities, such as autism, cerebral palsy, Down syndrome, and epilepsy. The Center serves East Los Angeles region including communities of Boyle Heights, Commerce, Monterey Park, City Terrace, El Sereno, Montebello, and Pico Rivera. Each participant must complete an onsite intake and application process to see if the program is a right fit, to meet licensing and Regional Center compliance. This process helps to ensure that our programs are an appropriate placement and can meet the individual's needs. The nature of our programs is to develop basic living skills, increase communication skills and social skills allowing individuals to be active participants in their community. This is done by each program participant working on goals developed specifically for them and identified on their Individual Service Plan.



## After School and Summer Program

AbilityFirst after school and summer programs provide a nurturing environment for school age youth with developmental disabilities. Our well-trained and caring staff engages participants with age appropriate activities that support social, physical, cognitive, and creative abilities. Through center-based activities and field trips, AbilityFirst helps participants achieve their personal best. Hours of operation are from 2:25 pm to 6:00 pm when school is in session and 9:00 am to 6:00 pm during summer months and school breaks. Participants must be able to safely function in a 1:5 staffing ratio.

## Programa Extraescolar de East Los Angeles

El Centro de AbilityFirst, East Los Angeles ofrece programas para niños y adultos con discapacidades físicas y discapacidades del desarrollo, como autismo, parálisis cerebral, síndrome de Down y epilepsia. El Centro sirve a la región este de Los Ángeles, incluidas las comunidades de Boyle Heights, Commerce, Monterey Park, City Terrace, El Sereno, Montebello y Pico Rivera. La naturaleza de nuestros programas es desarrollar habilidades básicas para la vida, aumentar las habilidades de comunicación y aumentar las habilidades sociales, lo que permite a las personas ser participantes activos en su comunidad. Esto lo hace cada participante del programa trabajando en metas desarrolladas específicamente para ellos e identificadas en su Plan de Servicio Individual.

## Programa Extraescolar y de Verano

Los programas extraescolares y de verano de AbilityFirst proporcionan un ambiente propicio para los jóvenes en edad escolar con discapacidades del desarrollo. Nuestro personal bien capacitado y atento involucra a los participantes con actividades apropiadas para su edad que apoyan las habilidades sociales, físicas, cognitivas y creativas. A través de actividades basadas en el centro y excursiones, AbilityFirst ayuda a los participantes a lograr su mejor marca personal. El horario de atención es de 2:25 pm a 6:00 pm cuando la escuela está en sesión y de 9:00 am a 6:00 pm durante los meses de verano y las vacaciones escolares. Los participantes deben ser capaces de funcionar de forma segura en una proporción de personal de 1:5.

