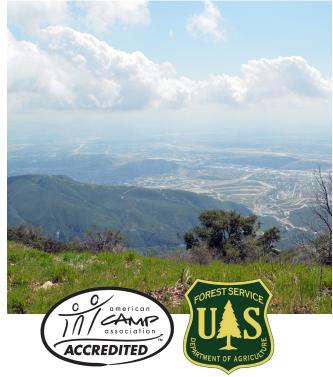
Camp Paivika opened in 1947 as one of the first fully accessible camps in the United States. The name – "paivika" (pronounced pivee-ka), translates to "dawn" in the language of the Cahuilla Native Americans, and was chosen by the first group of campers to visit Camp Paivika so many years ago.

Camp Paivika is completely accessible and capable of accommodating individuals who use wheelchairs, walkers or other adaptive devices. Staff are trained and prepared to provide personal care as needed including caring for individuals who are incontinent and who require assistance with transferring, bathing, dressing, toileting, feeding and other personal care.



Camp Paivika is also available for conferences, retreats, and special event rentals!

# MORE VOLUNTEERING

### WINTER/SPRING PROGRAMS

## OUTDOOR ADVENTURE

Held in September, for a small group of adult campers. Midweek, offsite overnight camping near a mountain lake or on the beach

# **GROUP SKI TRIP**

Held during winter months and offered in cooperation with the U.S. Adaptive Recreation Center in Big Bear. Specially trained ski instructors are matched with each participant to insure a safe, fun and successful ski experience.

# MOM'S RETREAT

Weekend event held in the Spring offering uplifting, restorative respite for women who care for family members with disabilities. Activities and offerings include delicious food, live music, professional therapeutic massages, instruction in deep relaxation techniques, yoga and tai chi, creative crafts, star-gazing, campfire gathering, guided forest walks. Workshops offered by experts discussing issues affecting individuals with disabilities and providing tools for support.

\*Because the Outdoor Adventure and Group Ski Trip are not on Camp Paivika grounds, these activities are open to special needs campers who require minimal personal hygiene and medical care.

**Camp Paivika** 600 Playground Drive Cedarpines Park, CA 92322

Mailing Address: Camp Paivika PO Box 3367 Crestline, CA 923254

Contact: Chris Otero Manager of Partnership Development cotero@abilityfirst.org or (626) 243-4841



Traditional camp experience for children and adults with physical and developmental disabilities.

# VOLUNTEER OPPORTUNITIES



www.abilityfirst.org

Facebook.com/AFCampPaivika

Instagram.com/Camp\_Paivika
YouTube.com/AbilityFirstLA

#### **VOLUNTEER THIS SUMMER!**

Be a part of an amazing experience. You can choose as many sessions as you like, up to the full summer camp season. It is a great place to spend the summer and enjoy the wonder at camp, while supporting children and adults with disabilities.

Programs at Camp Paivika offer a traditional camp experience delivered with nurturing support and, above all, an emphasis on FUN! Days are filled with well-supervised morning to night activities that are creatively adapted to enable new experiences and encourage participation. We are guided by "can" and not "cannot" – and no one is left out. Our programs are aimed at allowing campers to make friends, try new things, and become more confident.

Located in the beautiful San Bernardino National Forest. Camp Paivika offers overnight summer programs for people of all ages with mild to severe developmental and physical disabilities such as autism, ADHD, cerebral palsy, epilepsy, and Down syndrome.

# AbilityFirst Camp Paivika is operated under special use permit with the San Bernardino National Forest.

AbilityFirst Camp Paivika is an equal opportunity provider.



### **VOLUNTEER OPPORTUNITIES**

- Minimum age of 18 (for overnight volunteers only)
- Must pass live scan fingerprinting/background check
- Must attend assigned orientation prior to volunteering

**COUNSELOR:** Assists staff in the personal care of campers, provides supervision of campers, assists in the implementation of camp activities, adheres to all camp policies, other duties as assigned.

**CAMP ASSISTANT:** Must have attended camp in the recent past as a camper. Must be independent with personal care and require limited supervision. Based on interests and ability level, duties may include; assisting in program areas, helping counselors, janitorial.

**NURSING ASSISTANT:** This is an opportunity to observe the Camp Registered Nurses and ensure that children and adults who have a wide spectrum of disabilities can fully participate in camp while having their health needs met. Assistants are asked to also function as counselors during times when they are not needed as nursing assistants.

**PROGRAM ASSISTANT:** Maintain program area and keep equipment/supplies in order, supervises campers in area, assists staff in personal care of campers, assists in the implementation of camp activities.

**JANITORIAL/MAINTENANCE/KITCHEN HELPER:** Under the direct supervision of the facilities manager, maintains camp facilities, works as a food server during each meal, attends evening programs and assists if needed.

AbilityFi

Daytime volunteer opportunities are available for youth, service and church groups as long as adult supervision is provided.

### **CAMP PAIVIKA SUMMER ACTIVITIES**

**SWIMMING:** American Red Cross Certified Lifeguards are on duty while swimming is in session.

**HORSEBACK RIDING:** Experienced, gentle horses are led and walked by a trained staff person.

**ADAPTIVE SPORTS AND RECREATION:** All camp activities are adapted on an individual basis to meet the ability of each camper.

**CREATIVE ARTS AND CRAFTS:** Typical crafts created at camp include tie-dye, beading, ceramics and painting.

**NATURE STUDIES:** Our nature program focuses on the elements of our Forest Habitat.

**PERFORMING ARTS:** Our performing arts program incorporates music, acting and creative movement.

**EVENING PROGRAMS:** Evening events are designed to bring the entire camp together:

"I thought it sounded like a camp where I could contribute something and working with individuals with disabilities is very rewarding."

-Neil Kennedy, Volunteer

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www.abilityfirst.org