

# Mission and Vision

## MISSION:

AbilityFirst provides programs and services to help children and adults with physical and developmental disabilities realize their full potential throughout their lives.

## VISION:

At AbilityFirst, our vision is of a society that values each individual and provides the opportunity for all people to lead full and productive lives.

*AbilityFirst will ensure access to our programs by focusing on the needs of individuals who face barriers to service. In particular, we will assess the barriers to access for those who are low income, come from diverse cultures, and speak languages other than English and seek to provide solutions to address those barriers.*



## ADMINISTRATION

789 North Fair Oaks Ave., Pasadena, CA 91103  
Tel: 626.396.1010  
Fax: 626.396.1021  
info@abilityfirst.org

## COMMUNITY PROGRAMS

**CLAREMONT CENTER**  
480 S. Indian Hill, Claremont, CA 91711  
Tel: 909.621.4727  
Fax: 909.624.8388  
afclaremont@abilityfirst.org  
**On-site Services:** After School Program, Aquatics  
Facility License # 191501798

**EAST LOS ANGELES CENTER**  
154 N. Gage Ave., Los Angeles, CA 90063  
Tel: 323.268.8178  
Fax: 323.268.2359  
afeastla@abilityfirst.org  
**On-site Services:** After School Program  
Facility License # 191871195

**GLENDALE CENTER**  
Pacific Avenue Education Center  
440 West Lomita Ave., Glendale CA 91205  
Tel: 818.548.4677  
Fax: 818.548.9587  
malcantar@abilityfirst.org  
**On-site Services:** After School Program  
Facility License # 198018595

**JOAN & HARRY A. MIER CENTER**  
8090 Crenshaw Blvd., Inglewood, CA 90305  
Tel: 323.753.3101  
Fax: 323.753.5472  
afinglewood@abilityfirst.org  
**On-site Services:** Adult Day Program, After School program, Aquatics, ExploreAbility  
Facility License # 191601509, 197400546

**LAWRENCE L. FRANK CENTER**  
201 S. Kinneloa Ave. Pasadena, CA 91107  
Tel: 626.449.5661  
Fax: 626.449.1519  
afpasadena@abilityfirst.org  
**On-site Services:** After School Program, College to Career, ExploreAbility  
Facility License # 191223376, 198602053

**LONG BEACH CENTER**  
3770 E. Willow St. Long Beach, CA 90815  
Tel: 562.426.6161  
Fax: 562.426.6148  
aflongbeach@abilityfirst.org  
**On-site Services:** Adult Day Program, After School Program, Aquatics  
Facility License # 191600097, 191600444

## CAMP PAIVIKA

Mailing Address:  
PO Box 3367 Crestline, CA 92325

Camp Address:  
600 Playground Dr., Crestline, CA 92322  
Tel: 909.338.1102  
Fax: 909.338.2502  
camppaivika@abilityfirst.org

**On-site Services:** Overnight Summer Camp, Overnight Winter/Spring Camp Experiences, Mom's Retreat, Facility Rental

## COMMUNITY AND SUPPORTED EMPLOYMENT PROGRAMS

**COLLEGE TO CAREER**  
Lawrence L. Frank Center  
201 S. Kinneloa Ave. Pasadena, CA 91107  
Tel: 626.449.5661  
Fax: 626.449.1519  
afpasadena@abilityfirst.org

**EMPLOYMENT SERVICES**  
789 North Fair Oaks Ave., Pasadena, CA 91103  
Tel: 626-396-1010  
employmentservices@abilityfirst.org

**MANUFACTURING**  
789 North Fair Oaks Ave., Pasadena, CA 91103  
Tel: 626-396-1010

**POSSABILITY PASADENA**  
789 North Fair Oaks Ave.  
Pasadena, CA 91103  
Tel: 626-396-1010  
employmentservices@abilityfirst.org

**POSSABILITY LOS ANGELES**  
3756 Santa Rosalia Dr, Suite 601  
Los Angeles, CA 90008  
Tel: 213-748-7309  
employmentservices@abilityfirst.org

## RESIDENTIAL HOMES

**CROWN HOUSE**  
3055 E. Del Mar Blvd. Pasadena, CA 91107  
Tel: 626.440.9090  
Fax: 626.440.0535  
housing@abilityfirst.org  
**On-site Services:** Residential Housing Facility  
Facility License # 191220419

**SIERRA ROSE**  
3053 1/2 E. Del Mar Blvd.  
Pasadena, CA 91107  
Tel: 626.578.0120  
housing@abilityfirst.org  
**On-site Services:** Residential Housing Facility  
Facility License # 197603944



Looking Beyond Disabilities  
Focusing On Capabilities  
Expanding Possibilities



## PROGRAMS



SERVING CHILDREN AND ADULTS WITH DISABILITIES

www.abilityfirst.org

facebook.com/AbilityFirstLA

instagram.com/AbilityFirstLA

twitter.com/AbilityFirstLA

YouTube.com/AbilityFirstLA

Our person-centered programs are grounded in individual choice, autonomy, and community participation. They empower individuals with autism, cerebral palsy, Down syndrome, and other intellectual/developmental disabilities to discover what is important to them in their lives, and to develop the skills that are important for them to achieve their goals.



### ABILITYFIRST AFTER SCHOOL AND SUMMER PROGRAMS

AbilityFirst after school and summer programs provide a nurturing environment for school-age youth who have developmental disabilities. Our well-trained and caring staff provides opportunities for new experiences that encourage socialization, exploration, and choice. Participants enjoy an enriching program that also provides needed personal care (including feeding, changing, transferring, etc.) while supporting personal growth and discovery.

**Locations:** Claremont, East Los Angeles, Glendale, Inglewood, Long Beach, and Pasadena

### COLLEGE TO CAREER PROGRAM

AbilityFirst College to Career fosters independence and self-advocacy through a supported academic or career-focused education program for students enrolled in college. It incorporates a self-discovery and community exploration component to identify and develop a plan to achieve their academic and career goals. Students receive individualized educational and life skills support.

**Location:** Throughout Los Angeles County



### SUPPORTED EMPLOYMENT AND DISCOVERABILITY

Supported Employment provides the support adults need to find and retain jobs, including internships and work-site experiences in competitive job markets, in their communities.

**Location:** Throughout Los Angeles County

The DiscoverAbility program offers focus and direction for an individual's job search. Opportunities for exploration and self-discovery may include: job shadowing, interest assessment, and internship opportunities, leading to expanded community engagement and informed choice. DiscoverAbility is a time-limited program.

**Location:** Throughout Los Angeles County

### POSSABILITY PROGRAM

PossAbility is a community integration program that supports adults to reach their goals related to independence, personal interests, socialization, and/or employment. Each individual's needs and interests are supported to help enhance their independence while exploring their local communities to build both vocational and social relationships.

**Location:** Throughout Los Angeles County

### EXPLOREABILITY PROGRAM: ADULT DAY AND COMMUNITY INTEGRATION PROGRAMS

The goals of the ExploreAbility program are to help adults explore and identify what is important to them, to develop the skills necessary to achieve their goals, and to be involved in their communities through volunteering and community activities. Individual support and small-group activities promote interaction and learning.

**Locations:** Inglewood, Long Beach, and Pasadena

### SOCIAL RECREATION PROGRAMS

Social Recreation programs encompass a variety of interests while offering a fun atmosphere for children and adults. Activities include typical weekend activities such as parties and dances, going out to dinner and a show, gardening, swimming, and preparing to participate in the AbilityFirst Stroll & Roll.

**Locations:** Claremont, Inglewood, Long Beach and Pasadena

### MANUFACTURING

AbilityFirst Manufacturing is a social enterprise program that provides opportunities for employment and job development by offering office supplies for purchase by federal agencies.

**Location:** Pasadena



### CAMP PAIVIKA

One of the first fully-accessible camps in the United States, Camp Paivika offers overnight summer programs for children and adults with disabilities. These programs provide a traditional camp experience with nurturing support and an emphasis on fun. Camp Paivika, located in the beautiful San Bernardino National Forest, also offers event and retreat rentals January through May.

**Serving:** Serving Southern California



### COMMUNITY AQUATICS

Open to the community, the aquatics program offers warm water exercise classes, ideal for promoting joint flexibility, range of motion, muscle tone; group and private swim lessons, as well as open swim times for the entire community.

**Locations:** Claremont, Inglewood and Long Beach

### ACCESSIBLE HOUSING

AbilityFirst operates residential facilities in Pasadena for adults with developmental disabilities. Each home features spacious bedrooms, kitchen, and large outdoor areas for gardening and recreational activities. Community outings and activities foster independence and inclusion.

**Location:** Pasadena



[www.abilityfirst.org](http://www.abilityfirst.org)