

# Mission, Vision and Values

## MISSION:

AbilityFirst provides programs and services to help children and adults with physical and developmental disabilities realize their full potential throughout their lives.

## VISION:

At AbilityFirst, our vision is of a society that values each individual and provides the opportunity for all people to lead full and productive lives.

## VALUES: TRUST BELONGING PERSONAL BEST



# Locations

## ADMINISTRATIVE OFFICES

789 North Fair Oaks Ave  
Pasadena, CA 91103

## COMMUNITY CENTERS

**CLAREMONT CENTER**  
480 South Indian Hill Boulevard  
Claremont; CA 91711  
(909) 621.4727  
CCL# 191501798

## EAST LOS ANGELES CENTER

154 North Gage Avenue  
Los Angeles, CA 90063  
(323) 268.8178  
CCL # 191871195

## GLENDALE CENTER

College View School  
1700 East Mountain Street  
Glendale, CA 91207  
(818) 548.4677  
CCL# 198018595

## JOAN AND HARRY A. MIER CENTER

8090 Crenshaw Boulevard  
Inglewood, CA 90305  
(323) 753.3101  
CCL# 191601509, 197400546

## LAWRENCE L. FRANK CENTER

201 South Kinneloa Avenue  
Pasadena, CA 91107  
(626) 449.5661  
CCL# 191223376, 198602059

## LONG BEACH CENTER

3770 East Willow Street  
Long Beach, CA 90815  
(562) 426.6161  
CCL# 191600097, 191600444

## CAMP PAIVIKA

Camp Paivika  
P.O. Box 3367  
Crestline, CA 92325  
Camp Location:  
600 Playground Drive  
Crestline, CA 92322  
(909) 338.1102

## EMPLOYMENT SERVICES

**Serving Greater Los Angeles, Long Beach and Pasadena**  
c/o Career Transition Center  
3447 Atlantic Avenue, 3rd Floor  
Long Beach, CA 90807  
(562) 570.3667

789 North Fair Oaks Ave  
Pasadena, CA 91103

## MANUFACTURING

789 North Fair Oaks Ave  
Pasadena, CA 91103

## HOUSING

**CROWN HOUSE**  
3055 East Del Mar Boulevard  
Pasadena, CA 91107  
(626) 440.9090  
CCL# 191220419

## SIERRA ROSE

3053 1/2 East Del Mar Boulevard  
Pasadena, CA 91107  
(626) 578.0118  
CCL# 197603944



*Looking Beyond Disabilities  
Focusing On Capabilities  
Expanding Possibilities*



## PROGRAMS



SERVING CHILDREN AND ADULTS WITH DISABILITIES

[www.abilityfirst.org](http://www.abilityfirst.org)

[facebook.com/AbilityFirst](https://www.facebook.com/AbilityFirst) [instagram.com/AbilityFirstLA](https://www.instagram.com/AbilityFirstLA)  
[twitter.com/AbilityFirstLA](https://twitter.com/AbilityFirstLA) [YouTube.com/AbilityFirstLA](https://www.youtube.com/AbilityFirstLA)

AbilityFirst provides a variety of programs designed to help people with disabilities achieve their personal best throughout their lives. Our person-centered programs are grounded in individual choice, autonomy, and community participation. They empower individuals with autism, cerebral palsy, Down syndrome, and other intellectual/developmental disabilities to discover what is important to them in their lives, and to develop the skills that are important for them to achieve their goals.



### ABILITYFIRST AFTER SCHOOL AND SUMMER PROGRAMS

AbilityFirst after school and summer programs provide a nurturing environment for school-age youth who have developmental disabilities. Our well-trained and caring staff provides opportunities for new experiences that encourage socialization, exploration, and choice. Participants enjoy an enriching program that also provides needed personal care (including feeding, changing, transferring, etc.) while supporting personal growth and discovery.

**Locations:** Claremont, East Los Angeles, Glendale, Inglewood, Long Beach, and Pasadena

### COLLEGE TO CAREER PROGRAM

Offered in partnership with Pasadena City College, AbilityFirst College to Career fosters independence and self-advocacy through a supported academic or career-focused education program. The multi-year program incorporates a self-discovery and community exploration component to empower students to identify and develop a plan to achieve their academic and career goals. Students receive individualized educational and life skills support.

**Location:** Throughout Los Angeles County



### DISCOVERABILITY PROGRAM

The DiscoverAbility program offers focus and direction for an individual's job search. Opportunities for exploration and self-discovery may include: job shadowing, interest assessment, and internship opportunities, leading to expanded community engagement and informed choice. DiscoverAbility is a time-limited program.

**Location:** Throughout Los Angeles County

### EXPLOREABILITY PROGRAM: ADULT DAY AND COMMUNITY INTEGRATION PROGRAMS

The goals of the ExploreAbility program are to help adults explore and identify what is important to them, to develop the skills necessary to achieve their goals, and to be involved in their communities through volunteering and community activities. Individual support and small-group activities promote interaction and learning.

**Locations:** Inglewood, Long Beach, and Pasadena

### MANUFACTURING

The AbilityFirst Manufacturing program services a wide variety of assembly needs, specializing in a wide range of materials and component parts from wood, aluminum, plastic, metal, corrugated and many more.

**Location:** Pasadena

### POSSABILITY PROGRAM

A community integrated program that supports adults with disabilities reach their goals related to independence, personal interests, socialization, and/or employment. Each individual's needs and interests are supported to help enhance their independence while exploring their local communities to build both professional and social relationships.

**Location:** Throughout Los Angeles County

### SOCIAL RECREATION PROGRAMS

Social Recreation programs encompass a variety of interests while offering a fun atmosphere for adults. Activities include typical weekend activities such as parties and dances, going out to dinner and a show, gardening, swimming, and preparing to participate in the AbilityFirst Stroll & Roll.

**Locations:** Claremont, Inglewood, Long Beach and Pasadena

### SUPPORTED EMPLOYMENT

The AbilityFirst Supported Employment program provides adults with disabilities the level of support they need to find and retain employment in competitive job markets in their communities.

**Location:** Throughout Los Angeles County



### CAMP PAIVIKA

One of the first fully-accessible camps in the United States, Camp Paivika offers overnight summer programs for children and adults with disabilities. These programs provide a traditional camp experience with nurturing support and an emphasis on fun. Camp Paivika, located in the beautiful San Bernardino National Forest, also offers event and retreat rentals January through May.

**Serving:** Serving Southern California



### COMMUNITY AQUATICS

Open to the community, the aquatics program offers warm water exercise classes, ideal for promoting joint flexibility, range of motion, muscle tone; group and private swim lessons, as well as open swim times for the entire community.

**Locations:** Claremont, Inglewood and Long Beach



### ACCESSIBLE HOUSING

AbilityFirst operates residential facilities in Pasadena for adults with developmental disabilities. Each facility features spacious shared and private rooms, kitchen, and large outdoor areas for gardening and recreational activities. Community outings and activities foster independence and inclusion.

**Location:** Pasadena



[www.abilityfirst.org](http://www.abilityfirst.org)