

**Contact:**

## AbilityFirst College to Career Program

The AbilityFirst College to Career Program at Pasadena City College provides support to young adults with developmental disabilities who demonstrate the desire and potential to succeed in a post-secondary educational environment in order to accomplish their educational and future career goals.

### Throughout the program, AbilityFirst Educational Coaches will empower participants to:

- identify personal and educational goals;
- create a plan to achieve those goals;
- enroll in appropriate classes to meet educational and vocational goals; and,
- access college and community resources in order to reach their personal best.



## Overview

Student must be able to safely navigate in a community-based program with an average ratio of one education coach to every two students.

In and out-of-class support provided in a year-round structured environment; Monday – Friday. This is a 6 hour program, hours vary depending on student's class schedule.

Weekly schedule promotes community involvement, socialization, self-care, vocational skills development, navigation safety, self-advocacy and wellness.

Transportation to/from program not provided.

A Vendor of Lanterman Regional Center-  
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