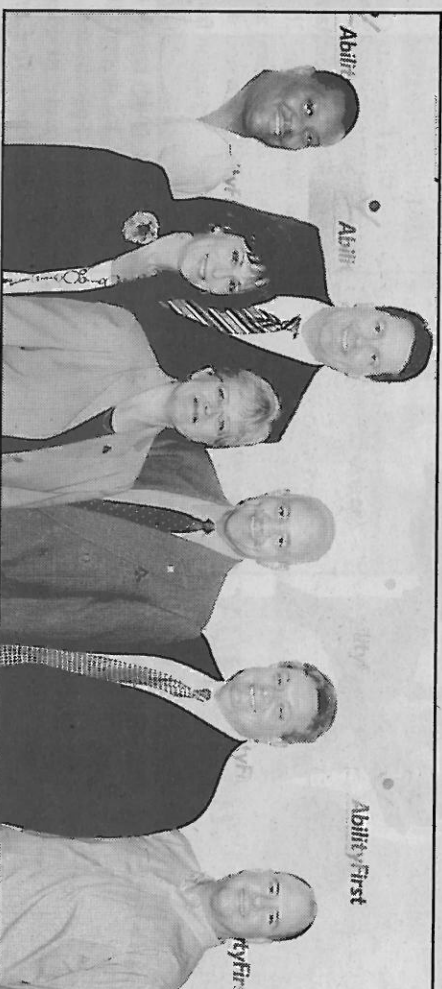


AbilityFirst Off to the Races at Santa Anita

AbilityFirst held its Kick-Off Celebration recently at Santa Anita Park. Guests were able to enjoy the historic race track, which served as the venue for the AbilityFirst Marathon Campaign's first event.



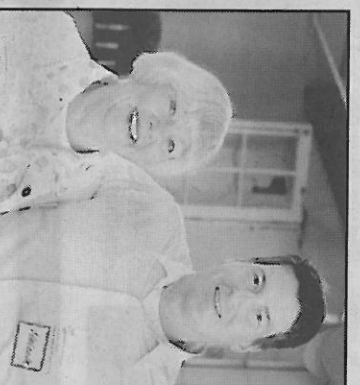
Jill Atkinson and Mary Brockmeyer



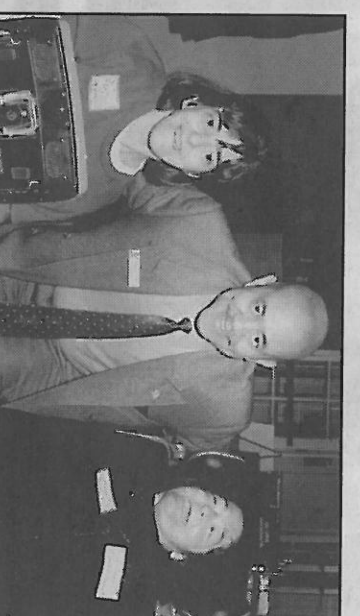
Al Sanders, Jane Kaczmarek, Steve Brockmeyer, Lori Gangemi, Reggie Ingram, Rick Arcaro and Chris Heath



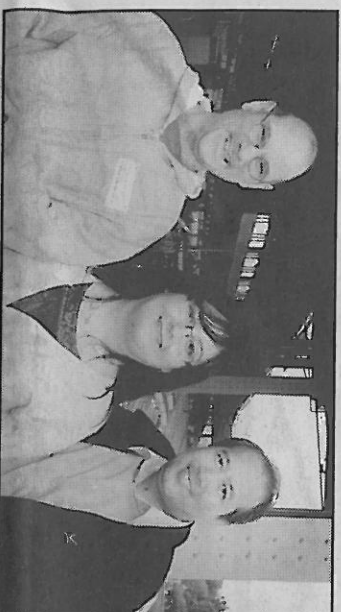
Steven Smyth, Reggie Ingram, Rick Arcaro and Steve Brockmeyer



Arlene Telke and Malcolm Wilcox



Jeri Formby, Reggie Ingram and Ana Nell



Scott Liebhardt, Vanessa Serrano and Jonathan Nhean



Ray Cherry, Berhinda Fontenot-Jamerson and Reggie Ingram

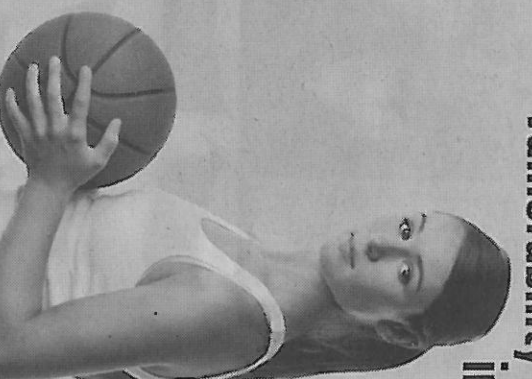


Steven Smyth, Rick Arcaro and Jay Henneberry

...increase your teen's core strength?

...improve your teen's agility and flexibility?

...decrease your teen's vulnerability to sports injuries?



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- Team Discount
- Exercise Forms: Swiss Ball, Balance, Eccentrics, Bands, Selective Strengthening/Circuit Training
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 Cost: \$12/session OR \$100/10 sessions
 Place: Verdugo Hills Hospital - 1812 Verdugo Blvd. • Glendale, CA 91208
 Dept. of Physical Medicine & Rehabilitation - 3rd Floor
 Instructor: Dr. Aimie Kachingwe, PT, DPT, EDD, OCS, FAAOMPT
 Physical Therapist, CSUN Professor and CSUN Team Physical Therapist
For Information Call: 818.952.2294

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